

Citrus Vinaigrette

Juice of 1 orange
Juice of 1 lemon
1 / 2 cup olive oil
2 Tbl honey
2 Tbl wine vinegar

1 Tbl minced garlic
1 tsp salt
pinch of red pepper flakes
Parmesan, finely grated, to taste
10 cups of kale finely cut

1. Salt and massage kale
2. Add vinaigrette

From Brenda Brinks

Brenda says, "So delicious. Enjoy!"