

Zucchini and Tomatoes ala Nasreen

Onions, 2 or 3

Ginger and Garlic, fresh, minced

Zucchini, 2 or 3

Turmeric and Cayenne, a pinch of each

Tomatoes

Salt and Pepper to taste

1. Sauté onions in olive oil until translucent.
2. Add ginger and garlic and continue to sauté for ~ 1 minute.
3. Add zucchini to the pan, however many you want, and continue to sauté.
4. Add a pinch of turmeric and cayenne and stir until aromatic ~ 1 minute.
5. Add as many tomatoes as you want and simmer until zucchini and tomatoes are cooked down into a stew, 10- 15 minutes.
6. Add salt and pepper to taste.
7. Serve over rice.

From Nasreen Koeser